

Daily learning from home timetable – individual isolation – Reception

Time	Learning	
9.00 – 9.30	Reading	Login to Bug Club and choose a book to read that has been set by your teacher. Continue reading this book until you finish it, before starting another one. You can read by yourself or you can read to an adult. Answer the comprehension questions provided for this book.
9.30 – 10.00	Physical activity	Go to the PE Hub Follow the fitness session instructions. You will find more sessions to take part in by clicking on 'Fitness' at the top of the page.
10.00 – 11.00	Phonics	Click here to learn and practise phonics. Choose the activity at 'Phase 2' for single letter sounds, then complete the activity at 'Phase 3' to include digraphs (two letters making one sound) Parents – watch this video to help you understand phonics.
11.00 – 11.25	Break time	Use this time to have a drink of water, a healthy snack and go to the toilet. Have a walk around at home so that you have a break from sitting down. If you are able to have some fresh air by going outside then do.
11.30 – 12.30	Maths	Click here for Bud's Number Garden - join Bud the bee, explore his magical garden and practise recognising numbers, counting, sequencing and much more! Click here to choose from a range of problem solving activities and games by Nrich.
12.30 – 1.00	Lunch break	Use this time to eat lunch and go to the toilet. Have a walk around at home so that you have a break from sitting down. If you are able to have some fresh air by going outside then do.
1.00 – 1.20	Maths	Sing along and learn with Numberblocks
1.30 – 2.30	Understanding the world	Click here to choose from a range of full lessons on understanding the world around us now and in the past, from Oak National Academy.
2.30 – 3.00	Reading	Read your home reading book or Login to Bug Club and choose a book to read that has been set by your teacher. Continue reading this book until you finish it, before starting another one. You can read by yourself or you can read to an adult.